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INTERNATIONAL CONGRESS OF THE
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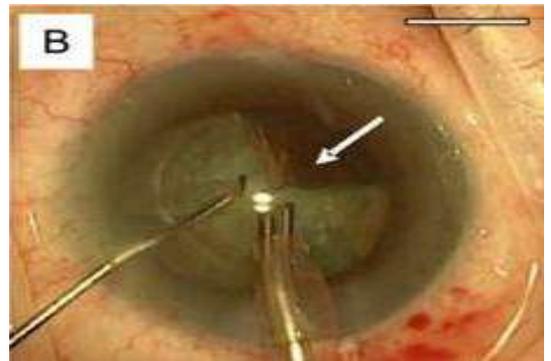
My Top 5 Pearls for Managing Posterior Capsule Rupture

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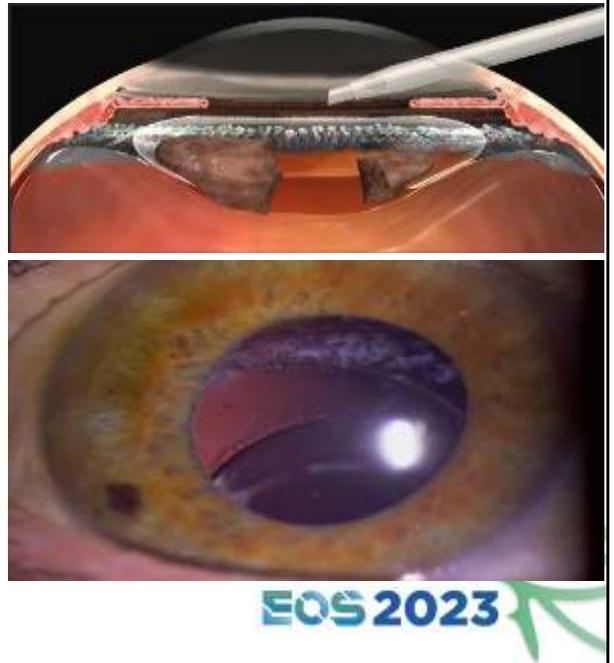


- Phacoemulsification is considered the procedure of choice for cataract surgery.



PCR remains one of the most significant complication of this surgery because:

- 1- You lose one of the barriers between the anterior and posterior segments.
- 2- The chance of placing an IOL in Posterior chamber is Jeopardized.



- The best of practices have a rupture rate of 2 to 4 per thousand cases.
- Every surgeon can expect one but anticipation and preparation can make a PCR a manageable crisis.



My Top 5 pearls for managing PCR



- Pearl No. 1: Prevention.
- Pearl No. 2: Stop and Stabilize.
- Pearl No. 3: Choose your surgical strategy.
- Pearl No. 4: Anterior vitrectomy.
- Pearl No. 5: Implant a suitable IOL.



Pearl No. 1: Prevention

Pearl No. 2: Stop and Stabilize

Pearl No. 3: choose your surgical strategy.

Pearl No. 4: Anterior vitrectomy

Pearl No. 5: Implant the suitable IOL.



Prevention is always better than treatment so you have to:

- 1- Do each step properly as described.
- 2- Use techniques that keep you away from the capsule.
- 3- Use newer-generation phaco systems that provide good surge protection.



Prevention

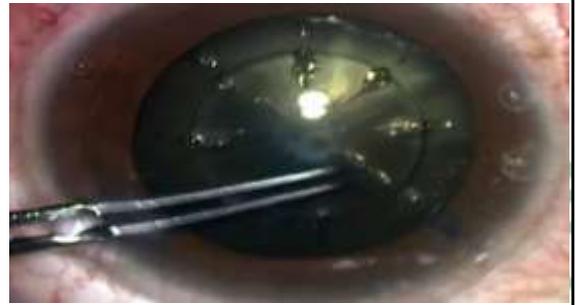
- a- Anticipate PCR.
- b- Dealing with complications that may led to PCR.



a. Anticipate PCR

1. Lens factors:

- Intumescent cataract.
- Dense cataract.
- Post-polar cataract.
- Longstanding cataract.



2. Ocular factors.

- Deep orbit with enophthalmos and prominent nose.
- Corneal opacity.
- High hyperopia or myopia.
- Pupil that dilates poorly.
- Weak zonules (PEX).



3. Patients factors:

- Musculoskeletal alterations.
- Obesity and short neck.
- Cardio pulmonary diseases.
- Mental disorders.



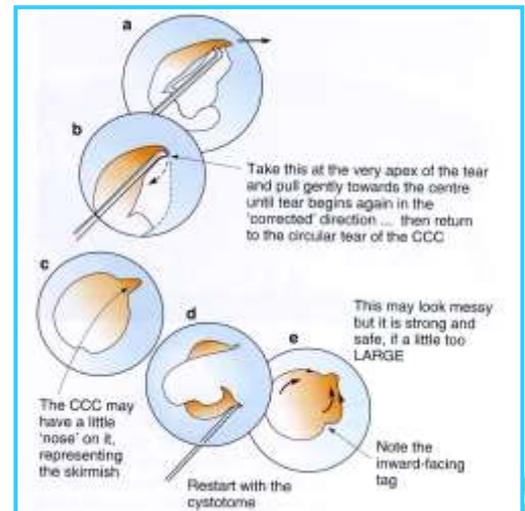
b- Dealing with complications that may led to PCR.

1- During rhexis

If you have extended radial tear

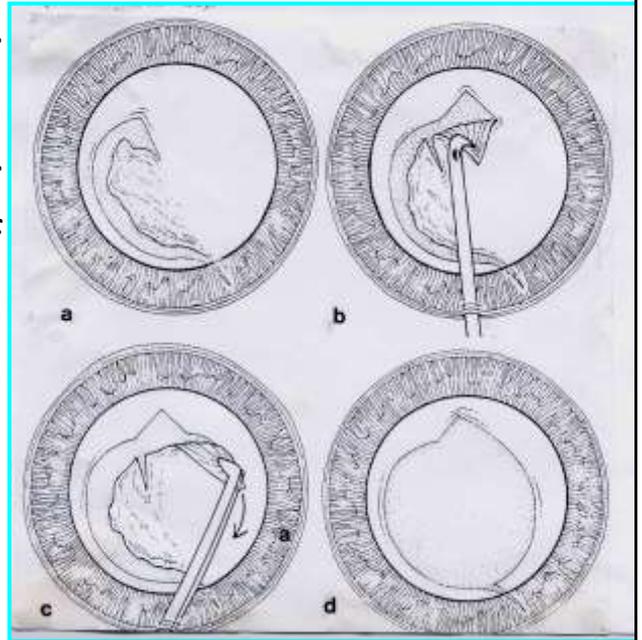
- Look for the extensions:

a. Visible extension → use forceps as usual starting at the very apex of the tear and pull toward the center.



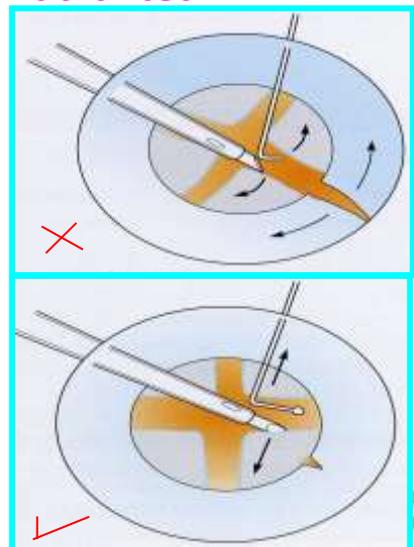
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b. Invisible extension (under the iris) → use a cystitome to create a new flab tear near the original start of capsulorhexis. Then use the forceps to complete it in the opposite direction.

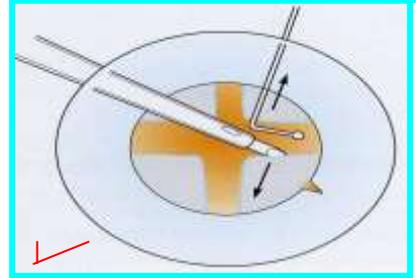
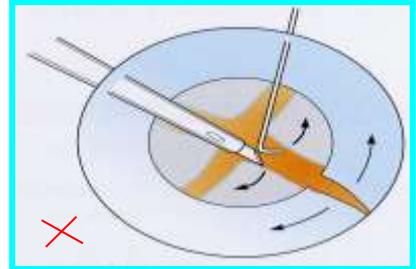
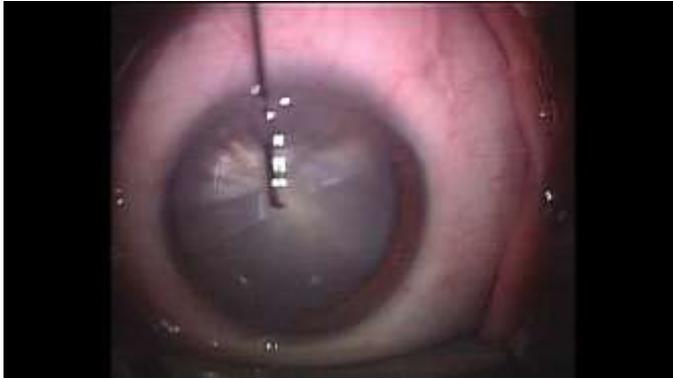


2- Continuing phaco in the presence of a radial tear

- Ensure full –depth groove of nucleus before splitting.
- Crack the nucleus in a meridian away from the radial tear.



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Pearl No. 1: Prevention

Pearl No. 2: Stop and Stabilize

Pearl No. 3: choose your surgical strategy.

Pearl No. 4: Anterior vitrectomy

Pearl No. 5: Implant the suitable IOL.



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- **When you suspect a PCR:**

- 1- Immediately stop all aspiration and ultrasounds.
- 2- Keep the infusion and the phaco or I&A still.
- 3- Do not use the irrigating tip to move things out of the way.



- **Once you confirm the rupture:**

- 1- Keep irrigating.
- 2- Go through the side port incision and inject dispersive viscoelastic.



Pearl No. 1: Prevention

Pearl No. 2: Stop and Stabilize

Pearl No. 3: choose your surgical strategy.

Pearl No. 4: Anterior vitrectomy

Pearl No. 5: Implant the suitable IOL.



Clinical evaluation

● Character of PCR:

- * Visibility.
- * Site
- * Shape.
- * Extent.

● Associated factors:

- * Vitreous loss.
- * AC stability.
- * State of the pupil.
- * State of nucleus.



Case No 1



● Character of PCR

- * Visible
- * Central
- * Rounded
- * Localized

● Associated factors:

- * No Vit. loss.
- * stable AC.
- * Dilated pupil.
- * No nucleus.



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Convert it into posterior CCC.

Management



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Case No 2



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● Character of PCR

- * Visible
- * Central
- Oval
- * Extended

● Associated factors:

- * No Vitreous loss.
- * stable AC.
- * Dilated pupil.
- * NO nucleus.



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Management



Case No 3



● Character of PCR

- * Not visible
- * Site ?
- * Shape ?
- * Extent ?

● Associated factors:

- * Vitreous loss.
- * Unstable AC.
- * Large pupil.
- * Hard nucleus.



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Management



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Pearl No. 1: Prevention

Pearl No. 2: Stop and Stabilize

Pearl No. 3: choose your surgical strategy.

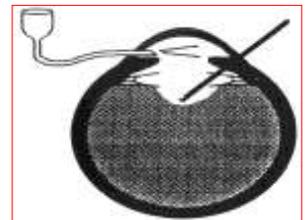
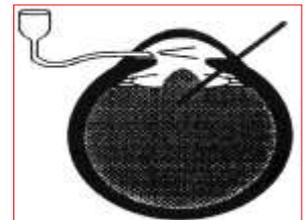
Pearl No. 4: Anterior vitrectomy

Pearl No. 5: Implant the suitable IOL.

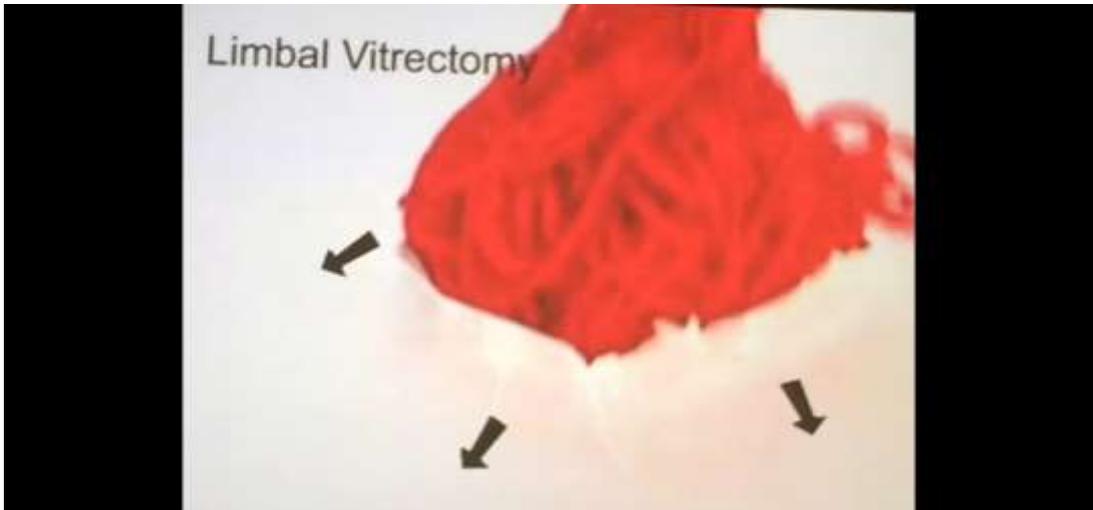


Basic Principle:

- Use separate incision (bimanual).
- Adjust parameters:
 - Cutting rate at least 800 cuts/m
 - Vacuum 100-150mmHg
 - Flow rate 15-25 cc/m.
- Infusion directed into the AC in the plane of the iris.
- Vitrectomy tip is directed down through the opening in PC with cutting port facing up.



- Limbal versus parsplana



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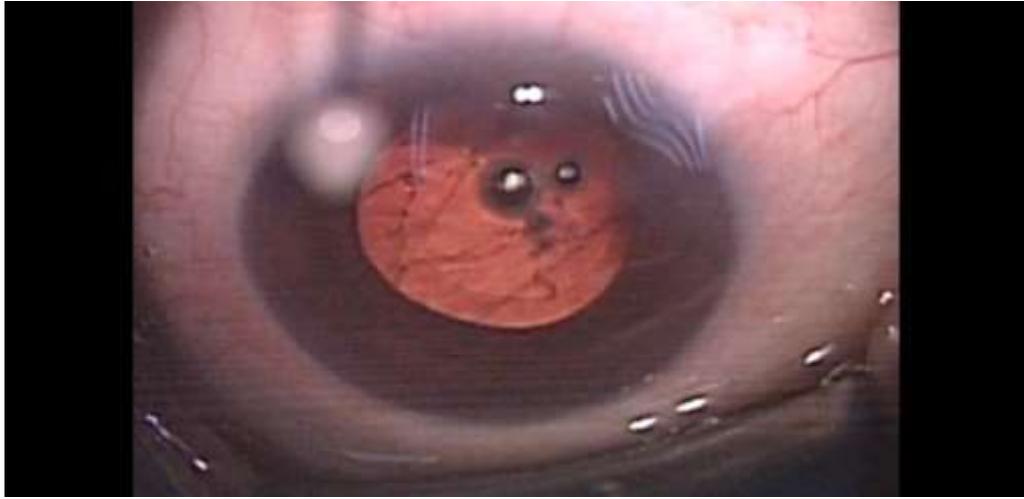
Why parsplana approach:

- 1- Better angle for positioning of the vitrectomy tip.
- 2- Less turbulence than limbal approach.
- 3- PCR is less likely to be extended.
- 4- Balanced removal of the vitreous from retro-capsular region.
- 5- You are pulling the vitreous back, rather than forward toward incisions.



- Parsplana

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- Limbal

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- **Positioning**

- Small posterior CCC → put IOL in the bag.
- Large PCR → put 3 picce IOL in the sulcus and do an optic capture.



- **Adjust IOL power**

- If it is fully in the sulcus drop the power by one Diopter.
- If it is Captured in anterior rhexis drop the power by 1/2 Diopter.



THANK YOU

See you next year

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