# Non-medicinal Adjuvants To **Glaucoma** Treatment

# Wesam Shams, MD

Research Fellow - Glaucoma Service - Wills Eye Hospital Lecturer - Glaucoma Unit - Tanta University Ophthalmology Hospital Clinical Fellow - Glaucoma and Advanced Anterior Segment Surgery - Prism Eye Institute





# Non-medicinal Adjuvants To Glaucoma Treatment

# Why Glaucoma Treatment Needs More Than **Pressure Control**????



#### Wesam Shams, MD

Research Fellow - Glaucoma Service - Wills Eye Hospital Lecturer - Glaucoma Unit - Tanta University Ophthalmology Hospital Clinical Fellow - Glaucoma and Advanced Anterior Segment Surgery - Prism Eye Institute

# Why Glaucoma Treatment Needs More Than **Pressure Control**????







MEACO

**Retinal Ganglion Cell Death** 



# Why Glaucoma Treatment Needs More Than Pressure Control????

Intracranial Pressure







MEACO



#### Apoptosis and Autophagy

#### Autoimmunity

Intracranial Pressure







MEACO

6

#### Neurotrophins and **Excitotoxins**

#### Oxidative Stress











Ocular Perfusion Pressure



### **Normal Tension Glaucoma?**









MEACO

### **Different Rates of Progression?**





### **Normal Tension Glaucoma?**









MEACO

### **Different Rates of Progression?**





### **Different Rates of Progression?**

#### **Normal Tension Glaucoma?**







#### Non-IOP Related Factors Contributing to Glaucomatous Optic Nerve Damage



#### Non-IOP Related Factors Contributing to Glaucomatous Optic Nerve Damage





#### Glaucoma Treatment Strategies Other Than IOP Reduction

Enhanced Ocular Perfusion

> Neurotrophic Support

Electrical Visual Pathway Stimulation

Photobiomodulation

**Stem Cell Therapy** 

Gene Therapy

**Other Strategies** 





# Enhanced Ocular Perfusion







MEACO

# Enhanced Ocular Perfusion







MEACO

6



# Enhanced Ocular Perfusion



#### Surgically-induced



### **IOP Reduction**



#### **Medically-induced**





#### **IOP Reduction**







MEACO

# **Enhanced** Ocular Perfusion

#### Vasodilators





#### **IOP Reduction**



CITYSTARS, CAIRO, EGYPT

2025



# Enhanced Ocular Perfusion

#### Vasodilators

#### **Calcium Channel Blockers**



# Enhanced Ocular Perfusion

### •Neuroprotection. **•IOP Reduction.**



**Calcium Channel Blockers** 

Decrease vascular resistance of the retinal and optic nerve head microcirculation.













MEACO

# Neurotrophic Support



# Support the growth, survival, and repair of neurons and promote axon regeneration. Have been tried for other neurodegenerative disorders (Alzheimer disease, ALS, and Parkinson disease).

**Parkinson disease**).







### **Brain-derived neurotrophic factor (BDNF)**

## **Glial-derived neurotrophic factor (GDNF)**



# Neurotrophic Support



**Ciliary neurotrophic factor (CNTF)** 



### **Nerve growth factor (NGF)**

#### **Brain-derived neurotrophic factor (BDNF)**

### **Glial-derived neurotrophic factor (GDNF)**

#### **Ciliary neurotrophic factor (CNTF)**



# Neurotrophic Support





#### Intravitreal

#### Retrobulbar



#### **Nerve growth factor (NGF)**

#### **Brain-derived neurotrophic factor (BDNF)**

#### **Glial-derived neurotrophic factor (GDNF)**

#### **Ciliary neurotrophic factor (CNTF)**

# can prevent, slow, or reverse RGC death in animal models.

#### can prevent, siow, or reverse KGC death in animal models.





Preclinical studies have demonstrated that topical or intravitreal neurotrophic factors





### Electrical Visual Pathway Stimulation

amblyopia and optic atrophy.

neuroprotection and neurorestoration in optic nerve injury including glaucoma.



#### Dates back to 1873, when it was used to treat disorders including glaucoma,

#### Recent increased interest in the possibility of using electrical currents for neuroprotection and neurorestoration in optic nerve injury including glaucoma.

#### Transpalpebral

#### Transcranial

### **Electrical Visual Pathway Stimulation**

#### Transcorneal

#### **Transorbital**

### **Electrical Visual Pathway Stimulation**





# **Electrical Visual**



Increase visual cortex excitability (Increase of VEP)

Increase brain connectivity, power density and coherence of the alpha II band at EEG

### **Electrical Visual Pathway Stimulation**

>In a study of 78 medically treated and treatment naïve glaucomatous eyes, it showed a significant decrease in IOP measurements obtained 4 months after treatment with transpalpebral electrical stimulation..

transpaipebral electrical sumulation ..















MEACO

6

## Photobiomodulation

• Uses low power near-infrared light to stimulate, heal, and regenerate body tissues. Also, known as low level laser therapy. Has been found to be an effective treatment for various neurological conditions (stroke, traumatic brain injury, and neurodegenerative diseases).

(stroke, traumatic brain injury, and neurodegenerative diseases).





# Photobiomodulation















MEACO

# Photobiomodulation





# visual function in dryAMD.





In its first major ophthalmic use to date, PBM has shown some promise of improving

















MEACO

6

# Stem Cell Therapy

# Stem Cell Therapy

As of now, there are no approved therapies for treating glaucoma with stem cells, however, there are numerous clinical trials of investigational products that show promise in glaucoma and optic neuropathies.

promise in glaucoma and optic neuropathies.





#### Mesenchymal

### **Neural Progenitor**

### **Ocular Progenitor**

#### **Inducible Pluripotent Source**



# Stem Cell Therapy



#### Embryonic



#### Cell-based Neuroprotection/Neuroenhancement Therapy











MEACO

O

Neurotrophic factor secreting implant (stem cell or other modified cell line)

# Stem Cell Therapy

**Retinal Ganglion Cell** 









MEACO

O

# Stem Cell Therapy



#### • Currently there are at least four registered clinical trials underway to investigate the use of stem cells in glaucoma. • The Intravitreal Mesenchymal Stem Cell Transplantation in Advanced Glaucoma study (NCT02330978), • The Stem Cell Ophthalmology Treatment Study (SCOTS) (NCT01920867 and NCT03011541). **•** The Effectiveness and Safety of Adipose-Derived Regenerative Cells for Treatment of Glaucomatous **Neurodegeneration study (NCT02144103)**

### **Neurodegeneration study (NCT02144103)**



















MEACO

# **Gene Therapy**





The eye is a particularly well-suited organ for the application of gene therapy, as evidenced by the success of Voretigene- neparvovec gaining the approval of the FDA as the first in vivo gene therapy for the treatment of Leber congenital amaurosis.

The matching for the metapy for the treatment of reper congenital aniantosis.















# Gene Therapy



Amongst the most common genetic causes of glaucoma is the myocilin gene mutation that affecting the trabecular meshwork. This gene accounts for only 4% of POAG cases.

V This gene accounts for only 4% of POAG cases.







### that affecting the trabecular meshwork. This gene accounts for only 4% of POAG cases.

#### VINS gene accounts for only 4% of POAG cases.

**CRISPR-Cas9.** 

This study provided proof of concept of using gene editing to treat glaucoma.

Fhis study provided proof of concept of using gene editing to treat glaucoma.





- Amongst the most common genetic causes of glaucoma is the myocilin gene mutation
- In a preclinical model of glaucoma caused by this gene, Jain and coworkers were able to lower IOP in vivo through knocking down expression of the mutant gene using













MEACO

 $\bigcirc$ 

Meditation







2025 CITYSTARS, CAIRO, EGYPT







C









Exercise















MEACO

### Others

EAT MORE GREENS



















MEACO

0







# Marijuana for glaucoma?

#### Here's why doctors don't recommend it.



It's not as effective as prescription drugs.



It wears off quickly.

Learn more at aao.org/eyesmart.





MEACO

### Cannabinoids





The large amount needed would impair your ability to drive, cook and function normally.



It could raise your risk of blindness.

© 2022 American Academy of Ophthalmology



#### American Glaucoma Society Position Statement: Marijuana and the Treatment of Glaucoma

Henry Jampel, MD, MHS

laucoma is a disease of the optic nerve that can result in vision loss and blindness. UAlthough many factors, some only partially understood, contribute to the optic nerve damage in glaucoma patients, it has been definitively established that the level of intraocular pressure (IOP) is related to the presence of damage,1 and that treatments that lower IOP reduce the risk of developing initial damage,<sup>2</sup> and slow the progression of preexisting damage.<sup>3</sup> Therefore, the mainstay of treatment for glaucoma patients is lowering the IOP.

There are 3 modalities in widespread use for the lowering of IOP: medications, laser treatment, and operating room surgery. Although historically, systemic medications in the form of oral carbonic anhydrase inhibitors had an important long-term role in lowering the IOP, their side effects have resulted in their almost total replacement by many classes of effective eye drops with many fewer side effects.

Despite the treatments available for lowering the IOP, there are some individuals for whom these treatments are either not tolerated due to side effects or in whom the IOP is not sufficiently lowered. In these situations, both glaucoma patient and physician look for alternative therapies. One of the commonly discussed alternatives for the treatment of glaucoma by lowering IOP is the smoking of marijuana. It has been definitively demonstrated, and widely appreciated, that smoking marijuana lowers IOP in both normal individuals and in those with glaucoma, and therefore might be a treatment for glaucoma.4,5 Less often appreciated is marijuana's short duration of action (only 3 to 4 h), meaning that to lower the IOP around the clock it would have to be smoked every 3 hours. Furthermore, marijuana's mood-altering effects would prevent the patient who is using it from driving, operating heavy machinery, and functioning at maximum mental capacity. Marijuana cigarettes also contain hundreds of compounds that damage the lungs, and the deleterious effect of chronic, frequent use of marijuana upon the brain is also well established.5



2025

#### Cannabinoids

#### Marijuana for glaucoma?

Here's why doctors don't recommend it.

ART



quickly.



would impair your ability

normally

to drive, cook and function



risk of blindness

#### EDITORIAL

org/eyesmart

© 2022 American Academy of Ophthalmolo









# Glaucoma isn't just about pressure—it's a disease of the optic nerve and vision, and protecting them is all that matters.



**Electrical Visual Pathway Stimulation** 

**Gene Therapy** 







#### Wesam Shams wshalaby@willseye.org



