

Ocular masquerade in adults: Challenges in diagnosis and management

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In our Practice

- ▶ We encounter a myriad of unexplained signs in unusual situations
- ▶ Opaque ocular media pause a diagnostic dilemma
 - ▶ **Think Ocular Tumors**

Case 1: 44 YOM

- ▶ Spontaneous hyphema OD

- ▶ VA: NLP



- ▶ History:

- ▶ No bleeding tendency
- ▶ No trauma

- ▶ Investigations:

- ▶ Normal hematological profile

► US:



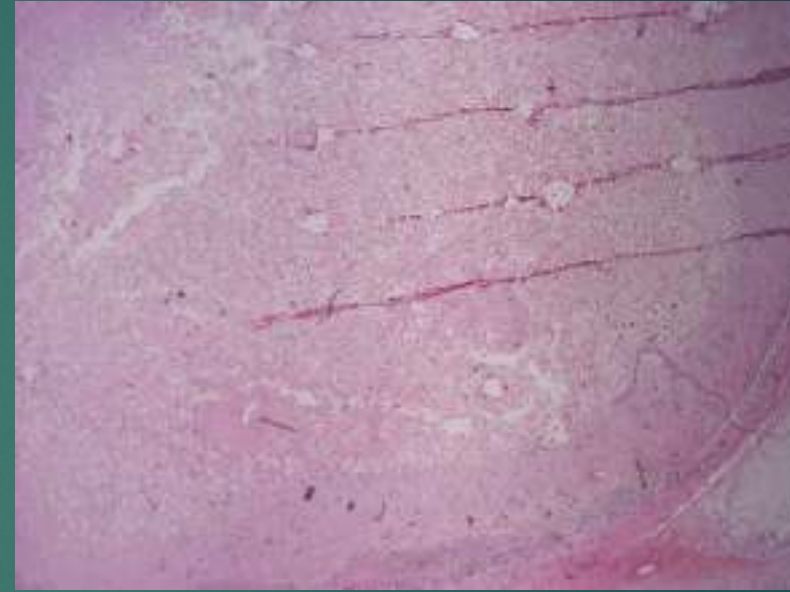
► MRI



Management



Management



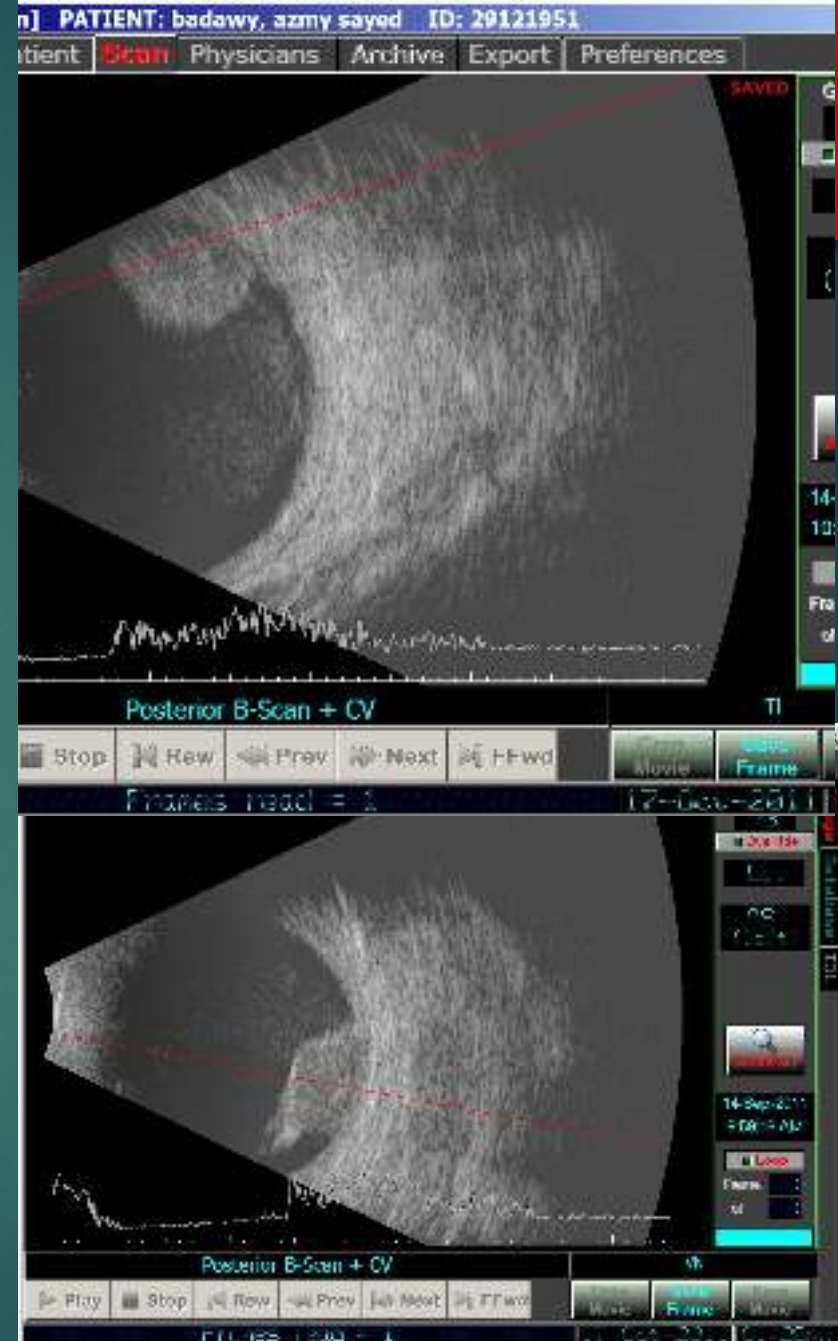


Hemorrhagic Lesions Simulating Melanoma

Case 2:

- ▶ 62 YOM
- ▶ POAG on Rx
- ▶ Rapid diminution VA OS x 2 weeks
 - ▶ HM /GP
- ▶ PMH:
 - ▶ DM/HT
 - ▶ IHD

- ▶ OD: WNL
- ▶ OS:
 - ▶ NS
 - ▶ IOP: WNL
 - ▶ Fundus: Vitreous hemorrhage





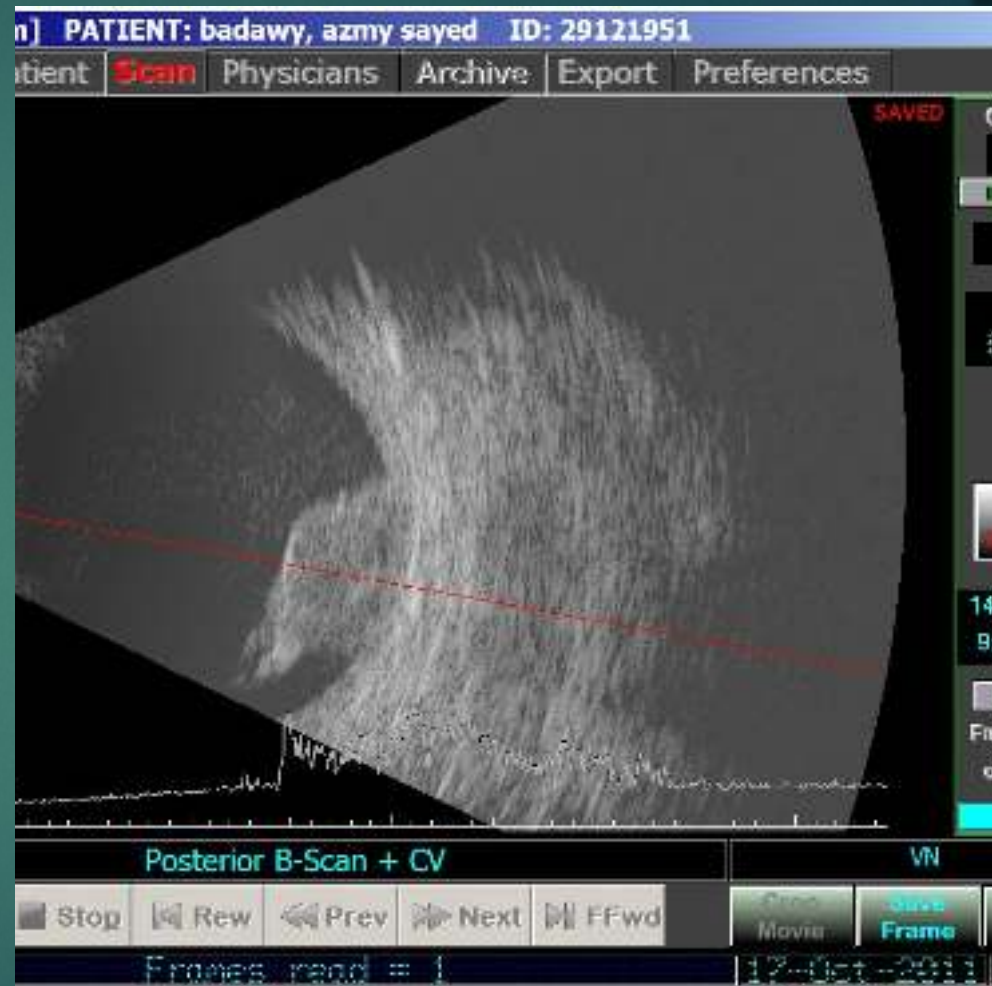


Suggested Management



Dr. David S. Chinn, MD, FRCS

- ▶ Clues for the decision:
 - ▶ Blood thinners
 - ▶ Uncontrolled HT
 - ▶ US features

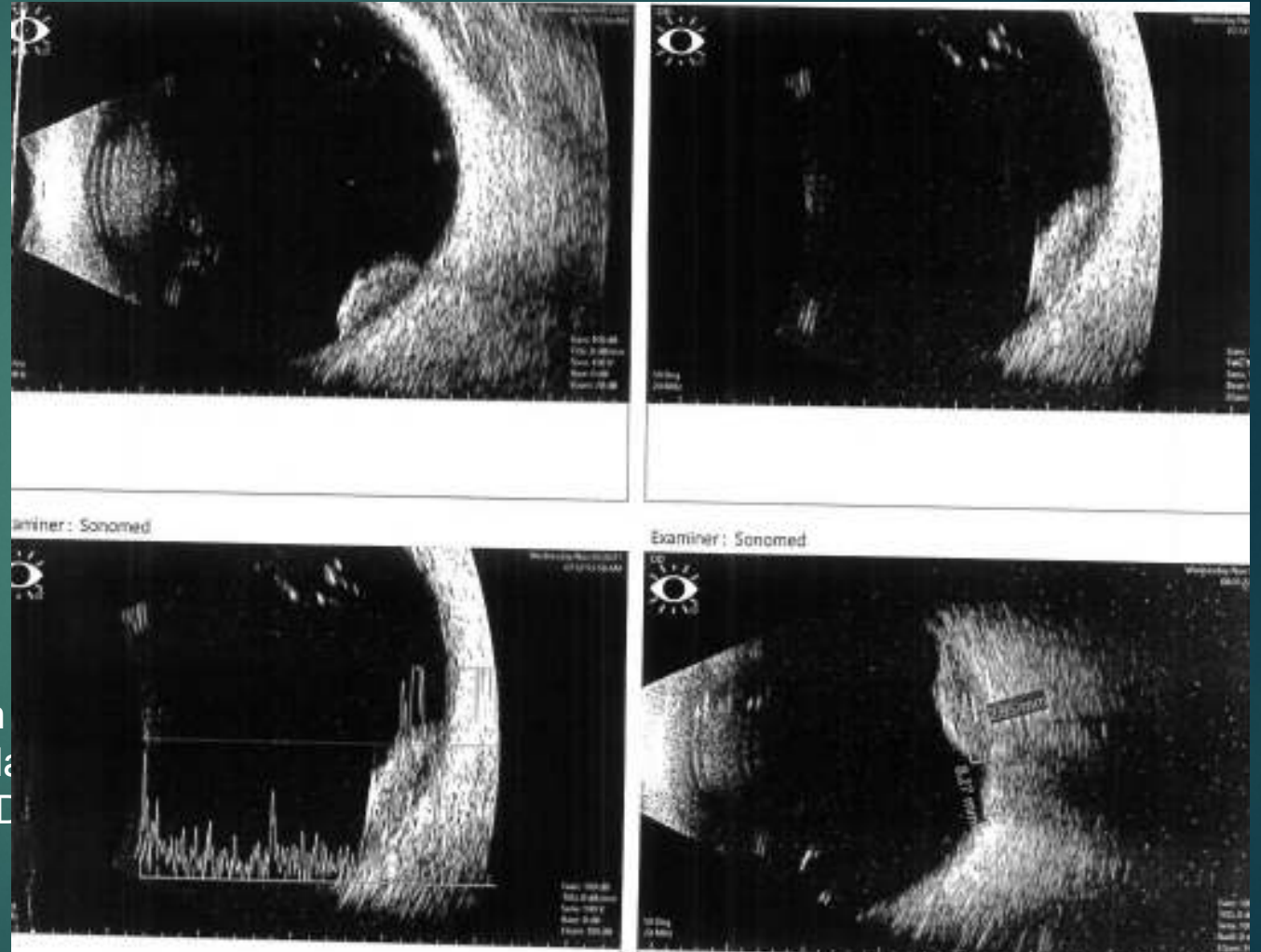


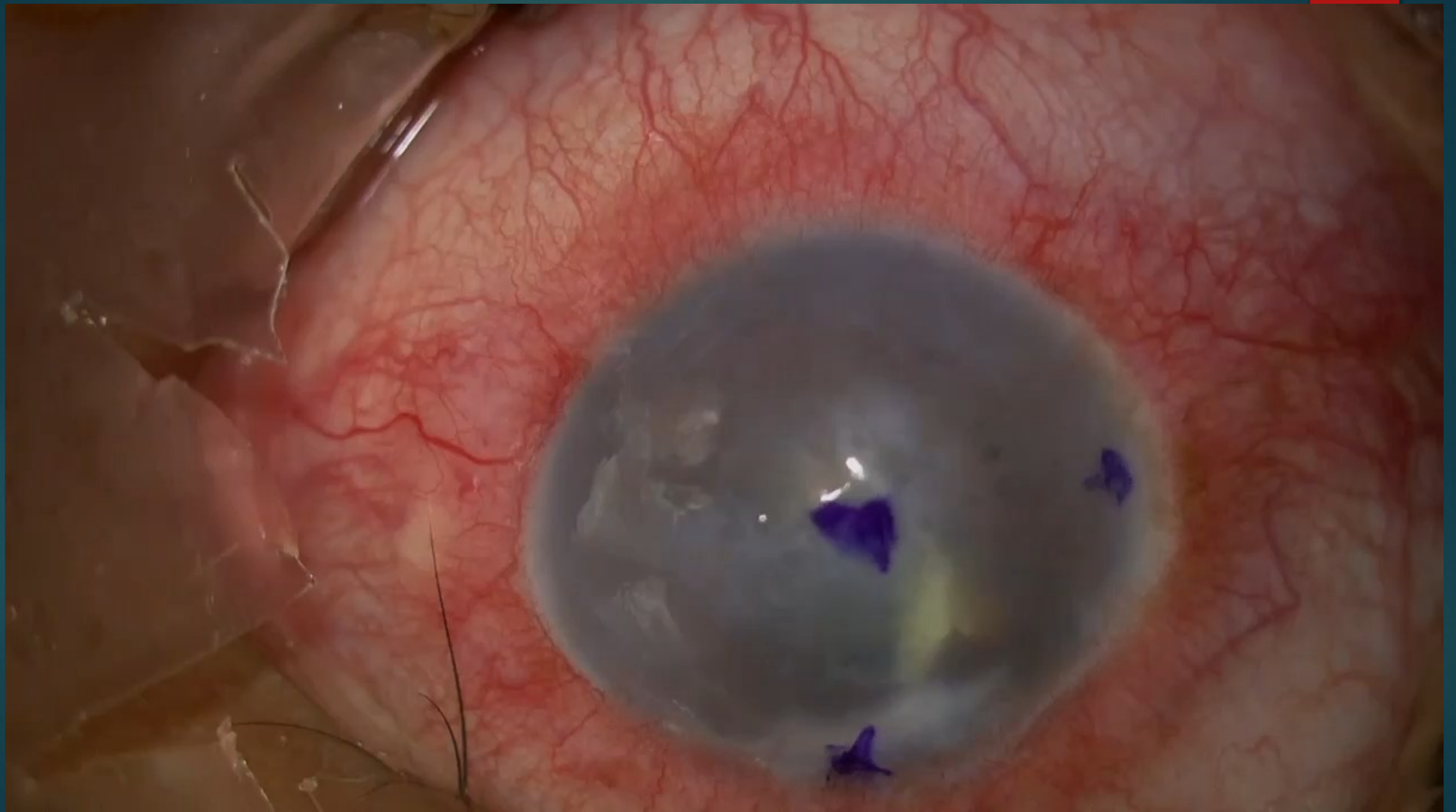


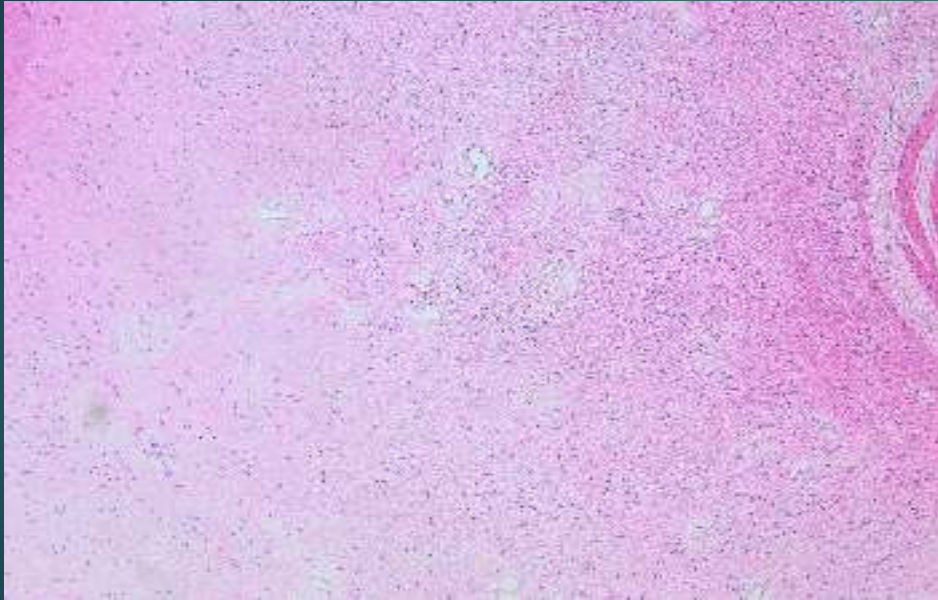
Old standing choroidal lesion in
opaque media

Case 3:

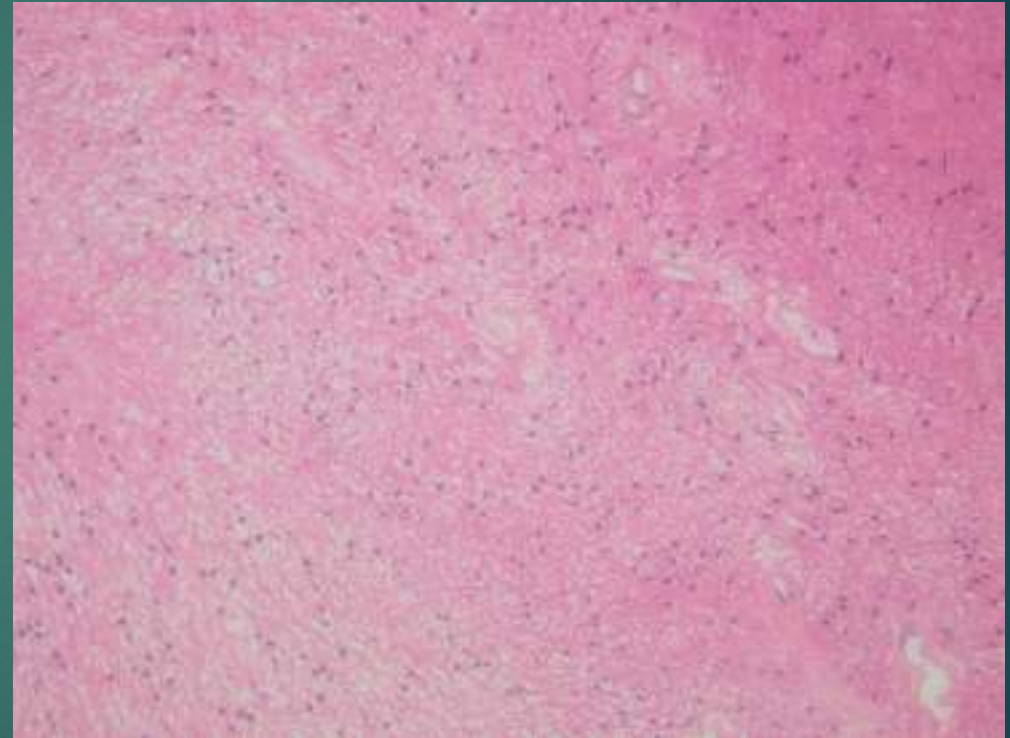
- ▶ 44 YOM
- ▶ OD: amblyopia
- ▶ Corneal opacity OD
- ▶ US:
 - ▶ Axial length +/- 24.5 mm
 - ▶ Pseudophakia
 - ▶ Elevated Mass temporal to ON involving the macular area with high initial reflectivity and internal irregular low to medium reflectivity with no RD
 - ▶ Size: 8.2 mm x 2.9 mm



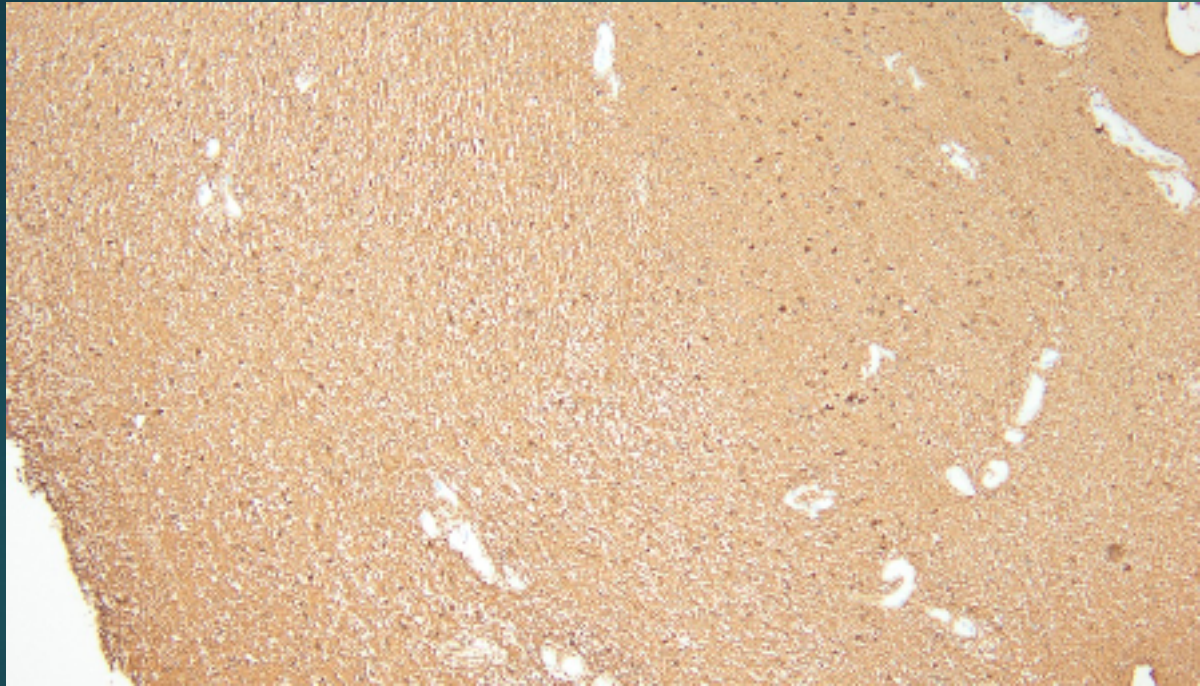




Hypocellular proliferating astrocytes, H&E, x20



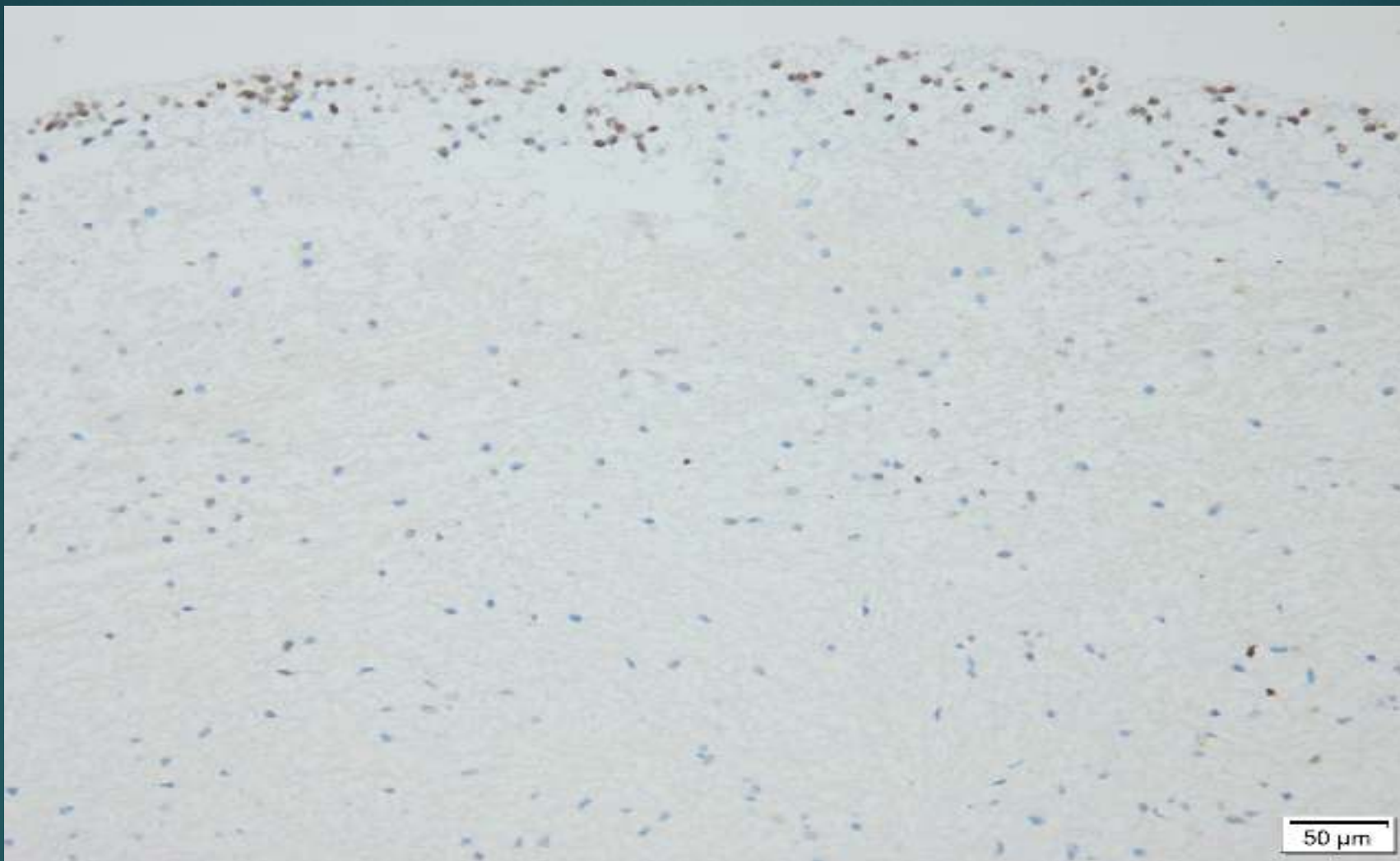
Tumor, H&E x40



GFAP, Immunohistochemistry x20



S100 , positive, Immunohistochemistry x40.



SOX10 showing negative tumor with positive retinal covering, Immunohistochemistry x40

Vasoproliferative tumor of the ocular fundus

▶ Definition:

- ▶ Elevated red-pink mass with no feeding artery and a draining vein
- ▶ A mixture of glial cells and a network of fine capillaries with some larger dilated blood vessels

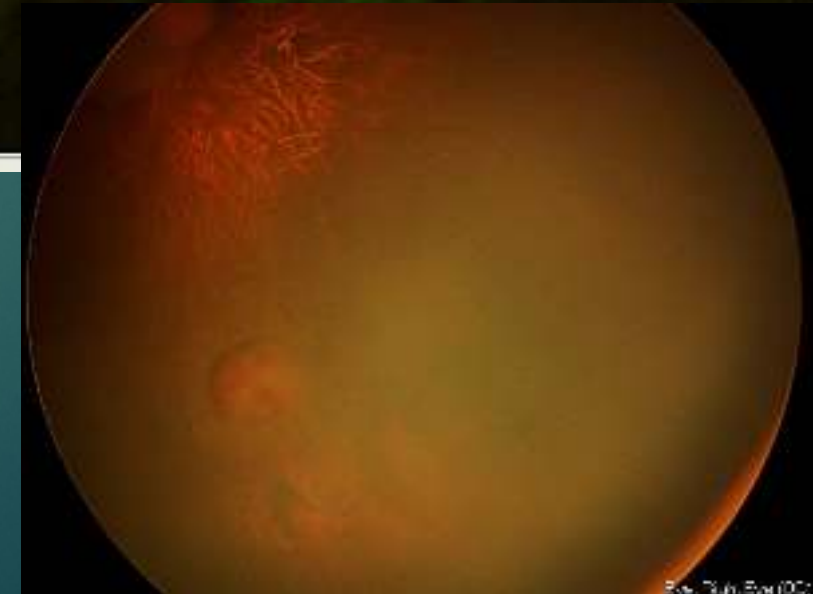
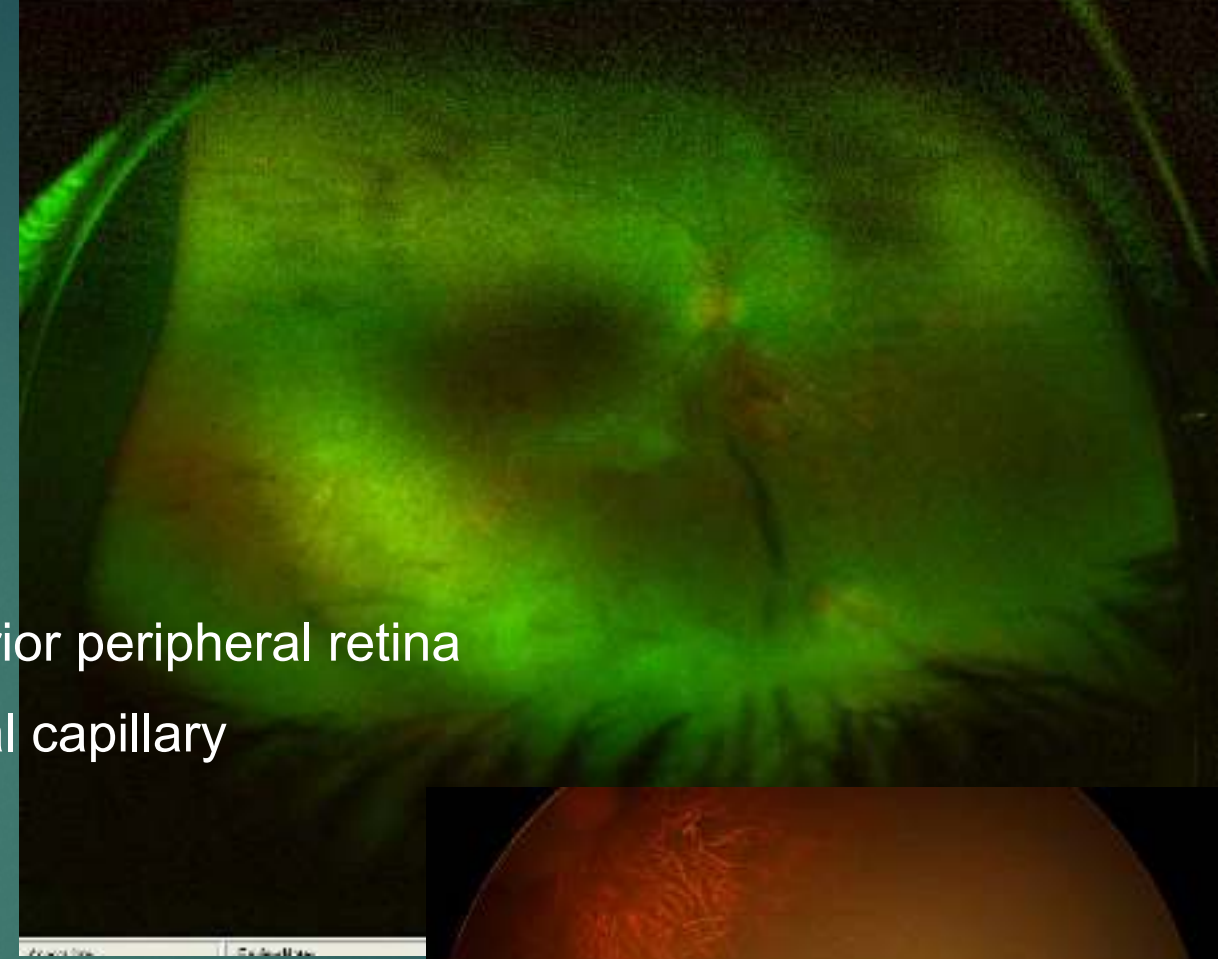
▶ Aetiology:

- ▶ **Primary:** unilateral, solitary, IT (74%)
- ▶ **Secondary** (26%):
 - ▶ Intermediate uveitis
 - ▶ Retinitis pigmentosa
 - ▶ Ocular toxocara
 - ▶ Coats' disease
 - ▶ Chronic retinal detachment
 - ▶ Ocular trauma
 - ▶ Inflammation



CP

- ▶ Third or fourth decade
- ▶ Both sexes are equally affected
- ▶ Globular yellowish-pink vascular mass in the inferior peripheral retina
- ▶ Lacking the feeder vessels typically seen in retinal capillary hemangioma
- ▶ Sub-retinal exudation (80%)
- ▶ Macular fibrosis and edema may lead to visual loss.

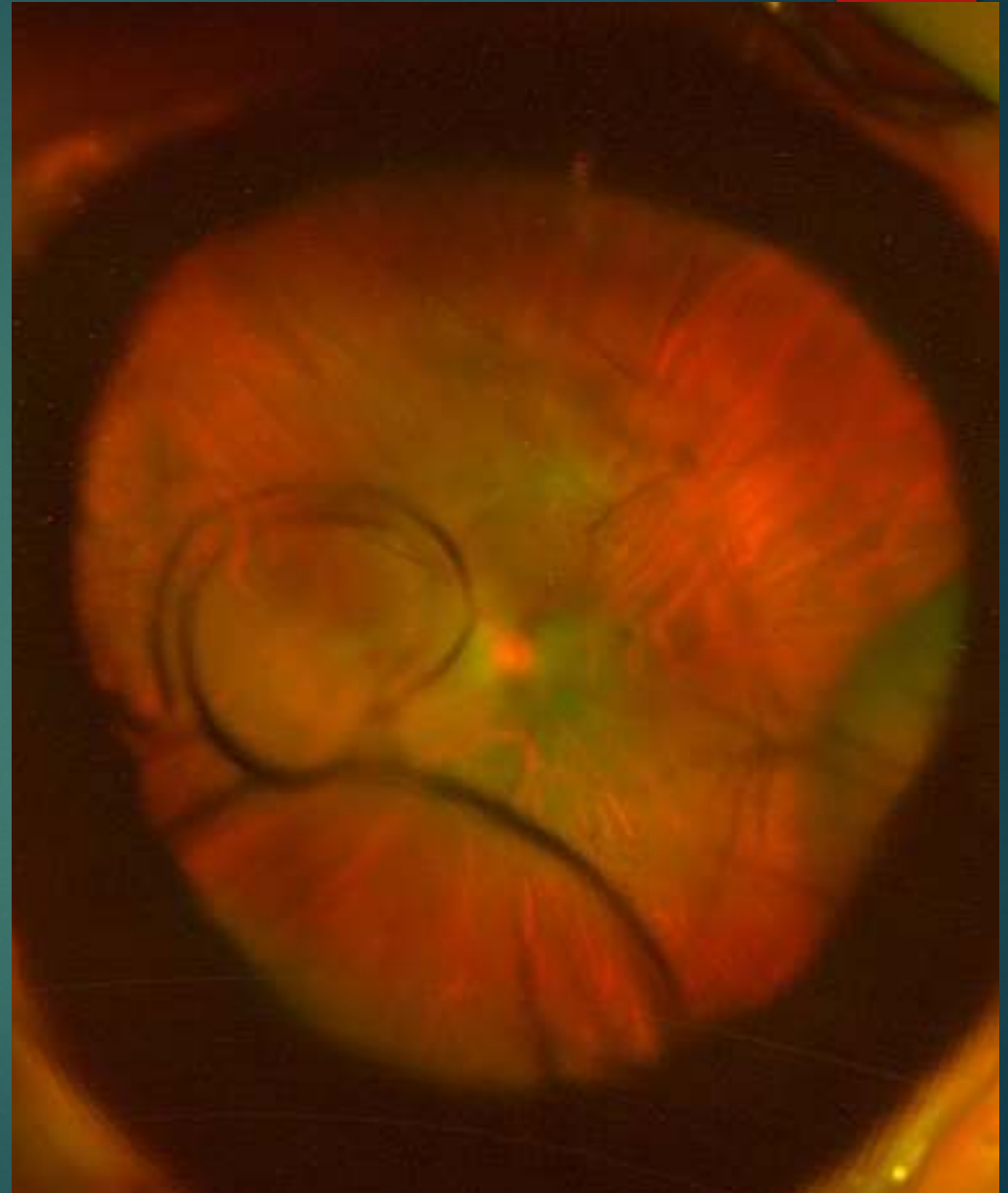




Peripheral Subretinal mass:
Is it truly a choroidal lesion ??

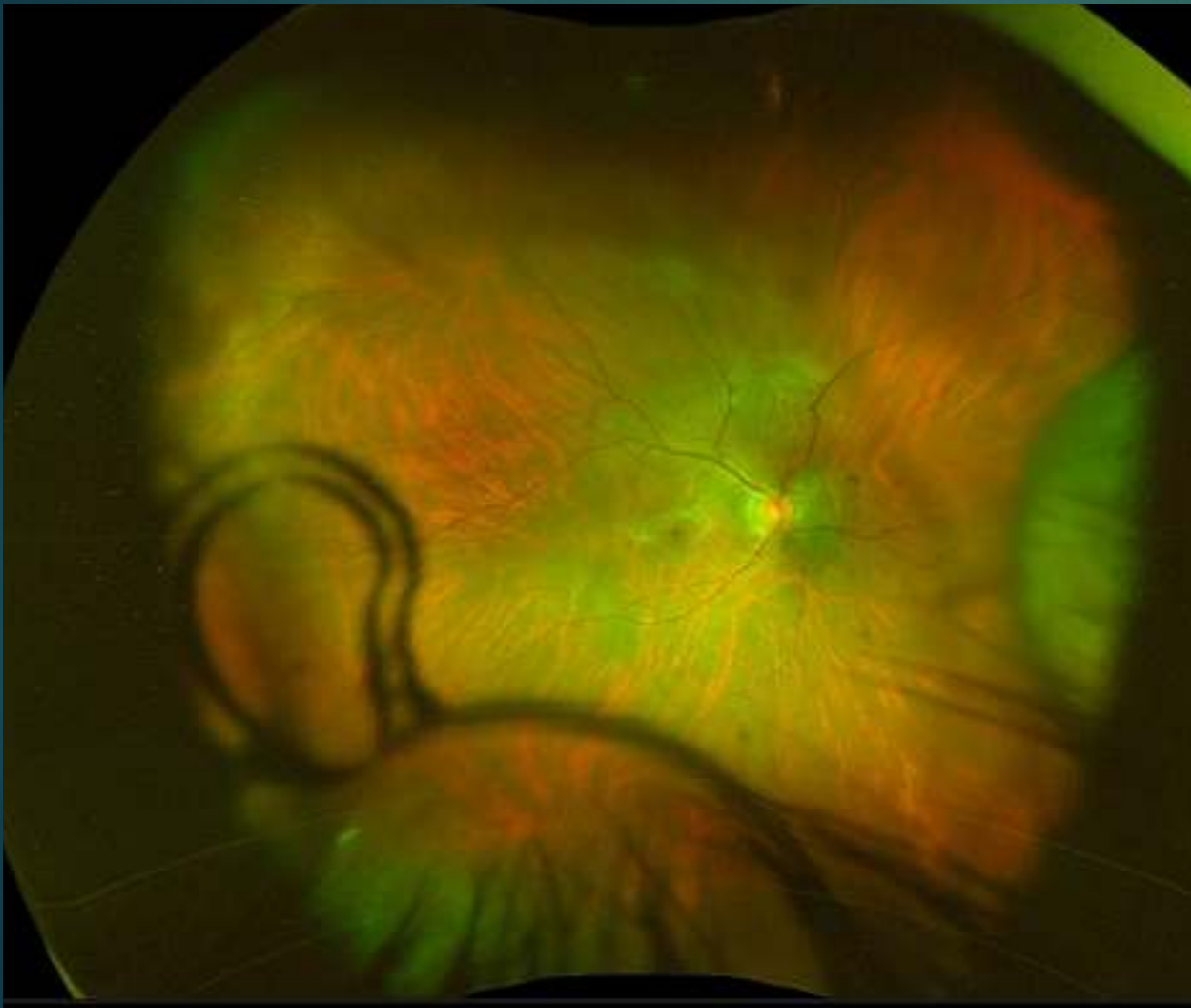
Case 4

- ▶ 43 YOM
- ▶ Complicated cataract surgery
- ▶ Intraocular mass OD x 3 years
- ▶ VA: 6/60 (+14 D)

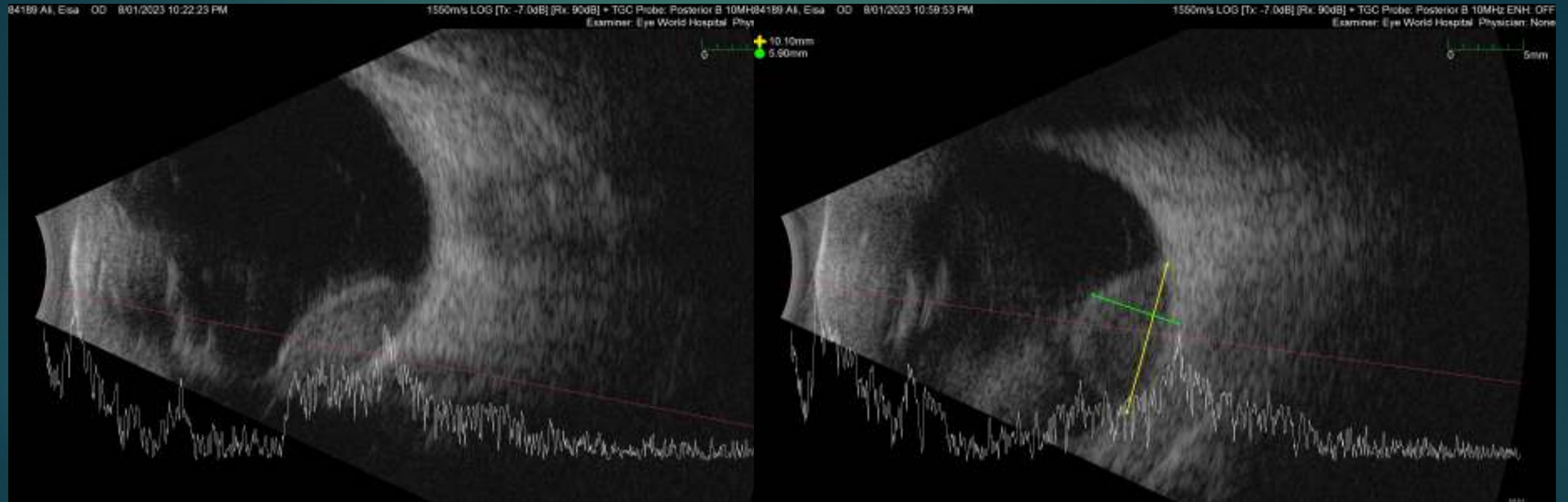




Cuneiform Maculopathy Findings Clinically

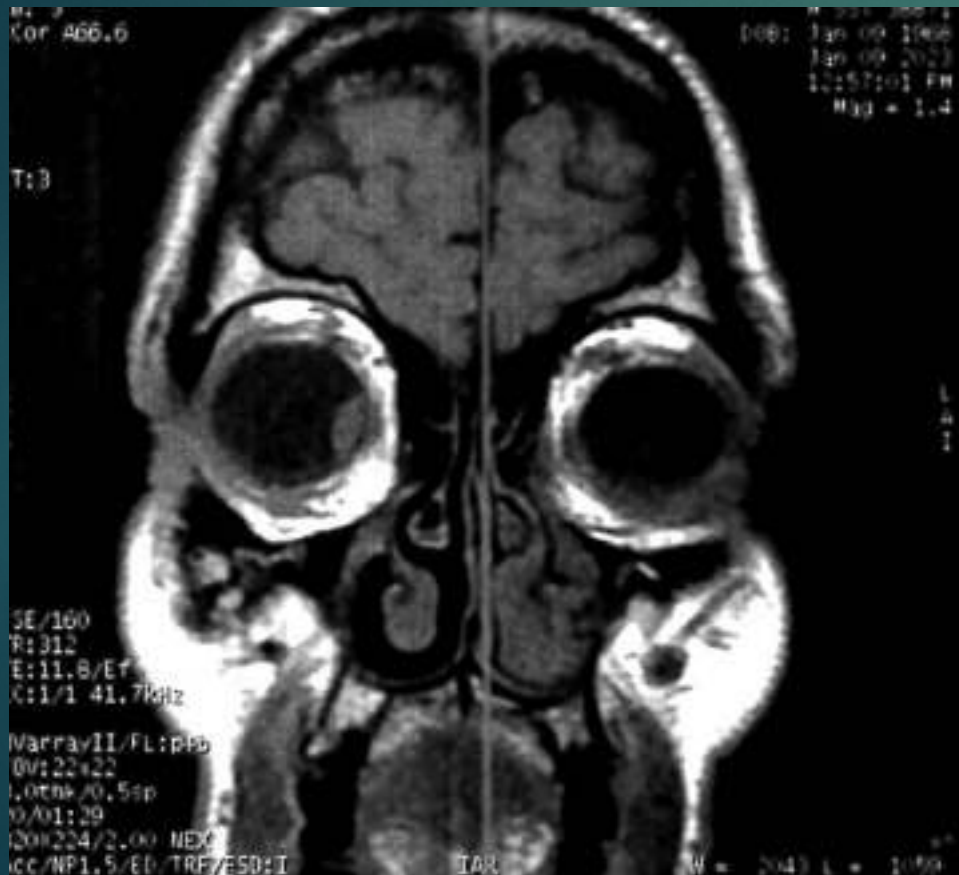


10 x 6 mm



MRI coronal:

T1W: mildly hyperintense dome shaped nasal intraocular lesion



MRI:

T1W with contrast: Enhancement



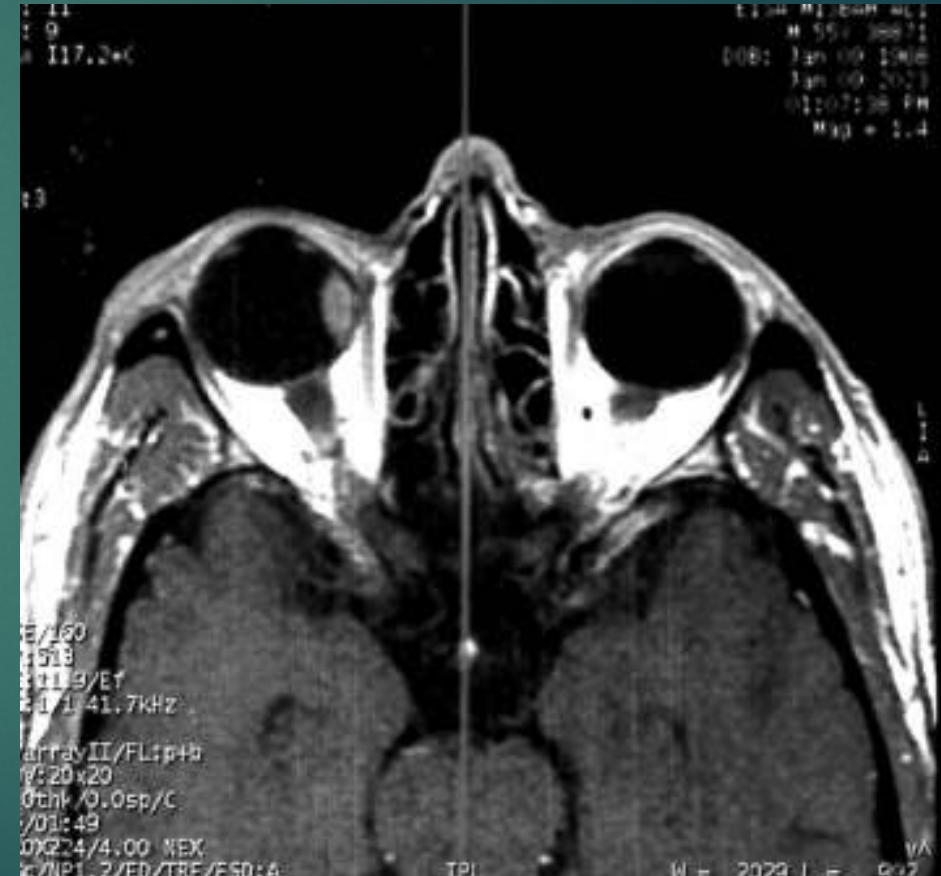
MRI axial:

T1W: mildly hyperintense dome shaped nasal intraocular lesion



MRI:

T1W with contrast: Enhancement



MRI:
T2W: Hypointense lesion



Systemic workup

- ▶ CT chest: Normal
- ▶ Abdominal US: Normal

DD: Atypical choroidal lesion

- ▶ **Metastatic ?**
- ▶ **Hemangioma ?**
- ▶ **Amelanotic Melanoma ?**
- ▶ **Other rare entities:**
 - ▶ Hemangiopericytoma
 - ▶ Schwannoma
 - ▶ Neurofibroma

Therapeutic options

- ▶ **Tumor thickness < 6mm:**

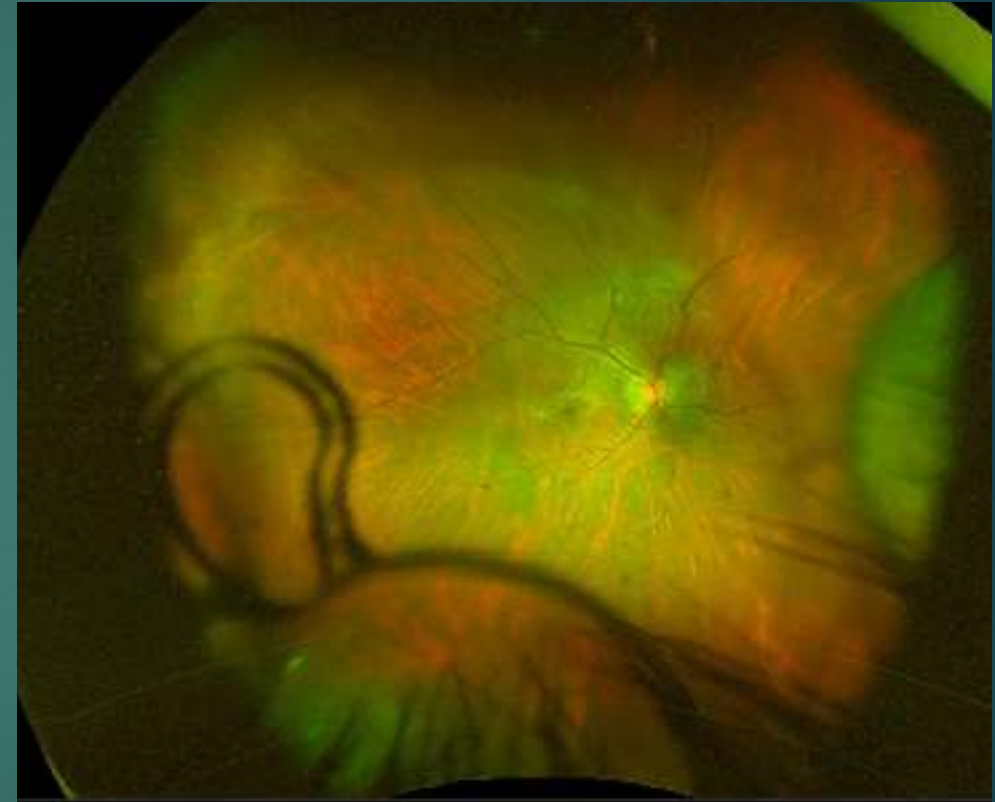
- ▶ **? Brachytherapy:**

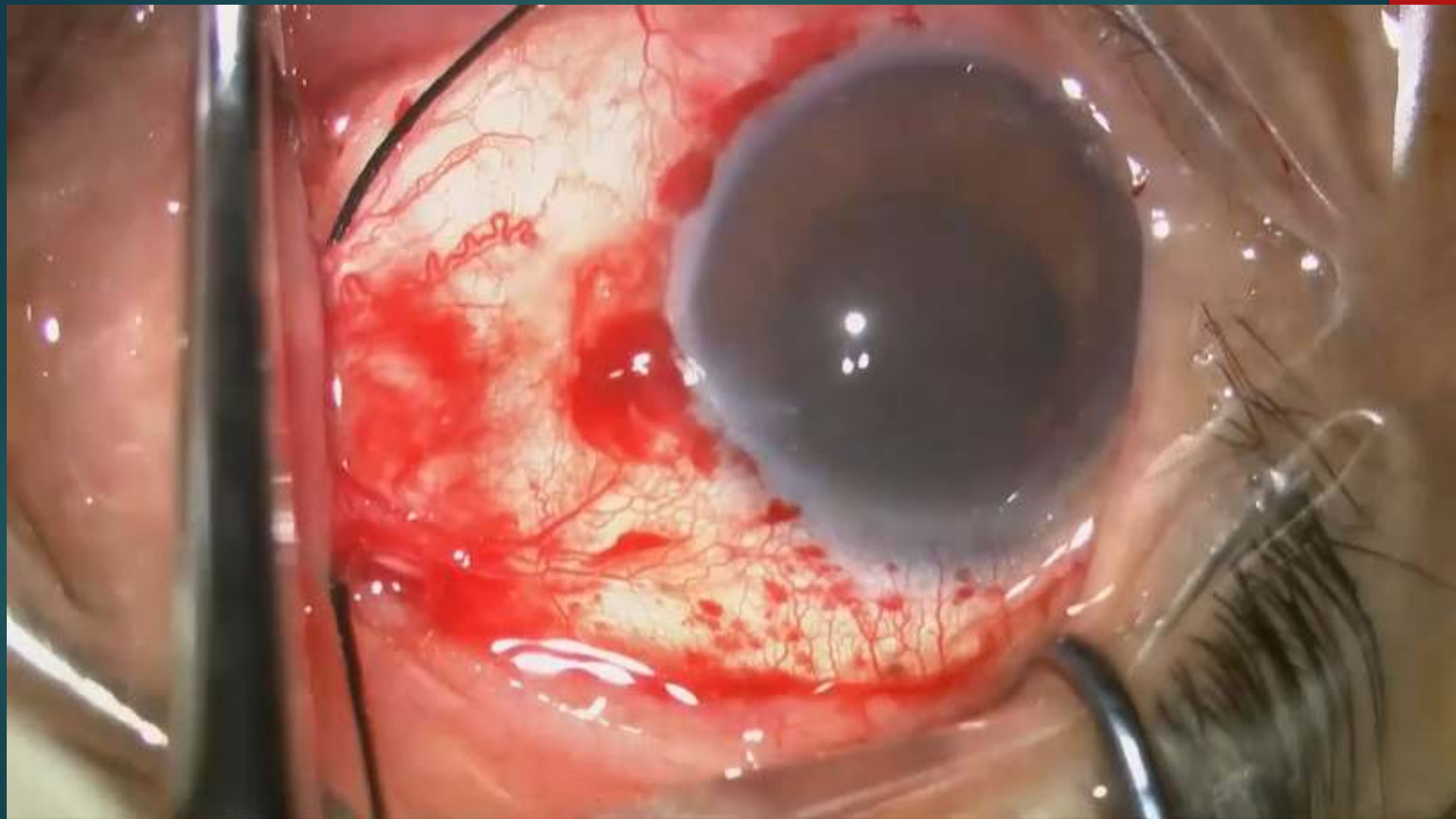
- ▶ Possible non-regression specially if benign
 - ▶ If non-regression → enucleation

- ▶ **Enucleation:** ?? Why

- ▶ **Surgical excision:**

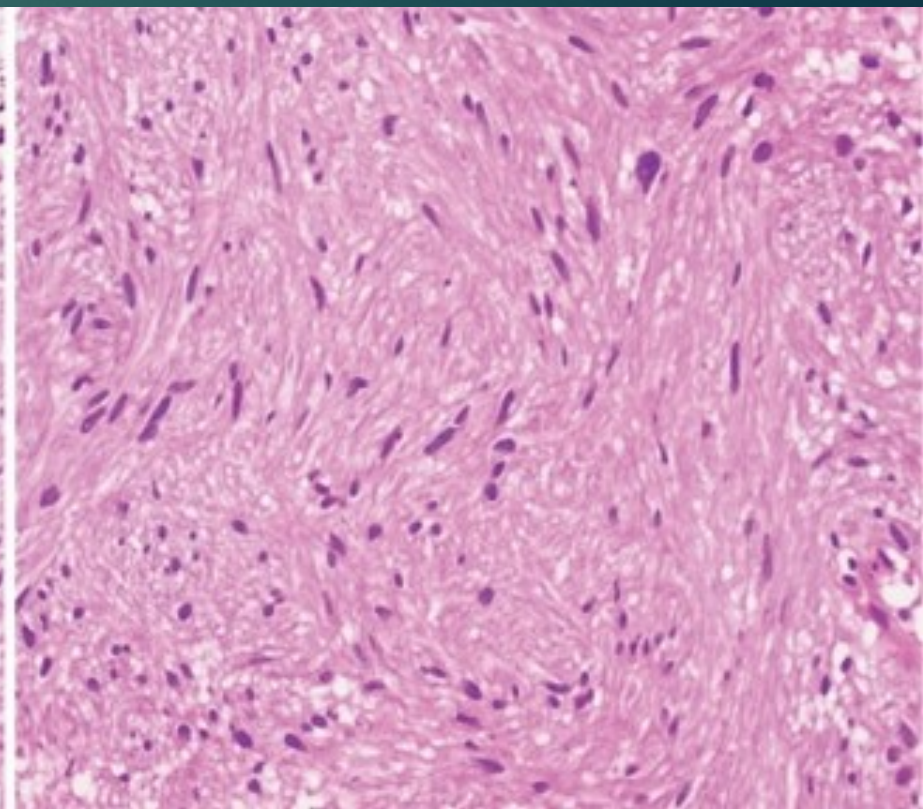
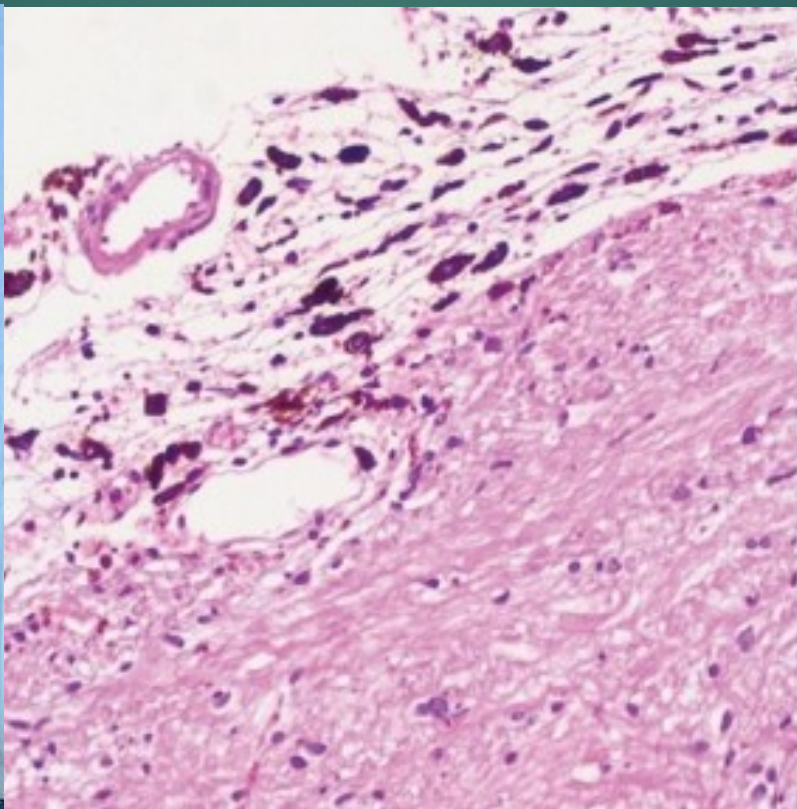
- ▶ Nasal mass
 - ▶ Peripheral
 - ▶ Accessible
 - ▶ Young healthy individual (hypotensive anesthesia)
 - ▶ Adjust/replapce the IOL
 - ▶ No need for FNAB (20% error)





A well circumscribed mass hypercellular area shows bland spindle cells with whorling patterns. Antoni A ($\times 200$).

Schwannoma.



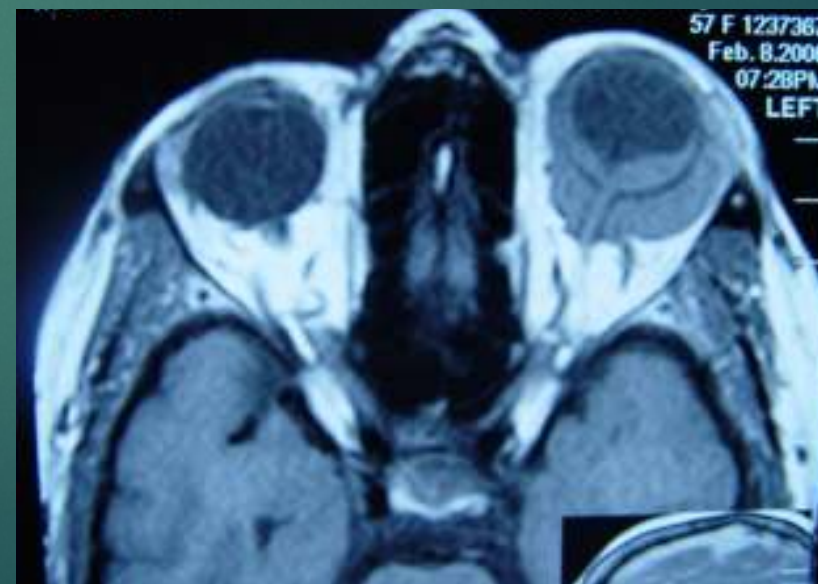
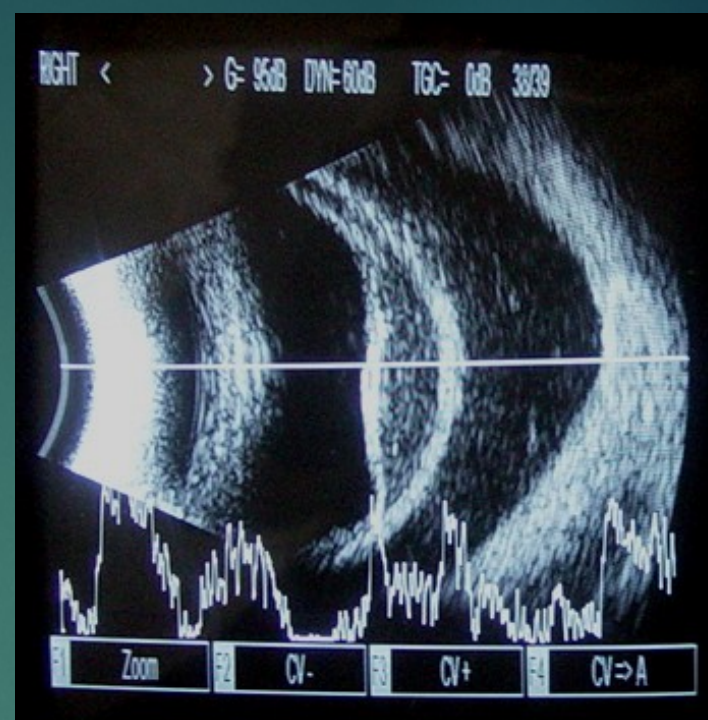
Postoperative: 1 year
VA: 1.0

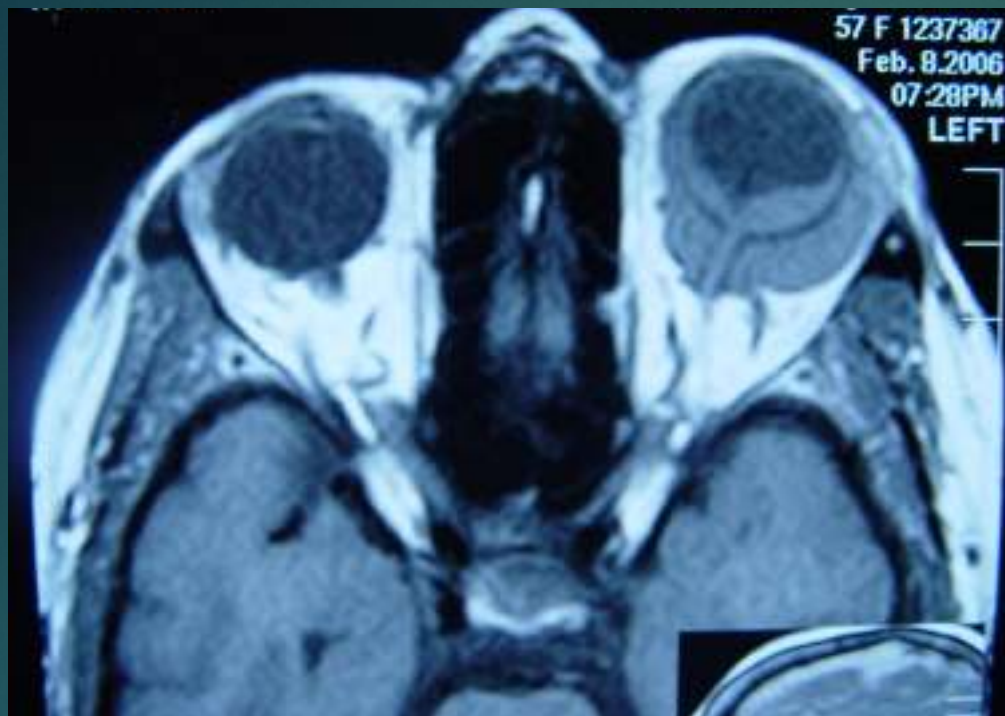




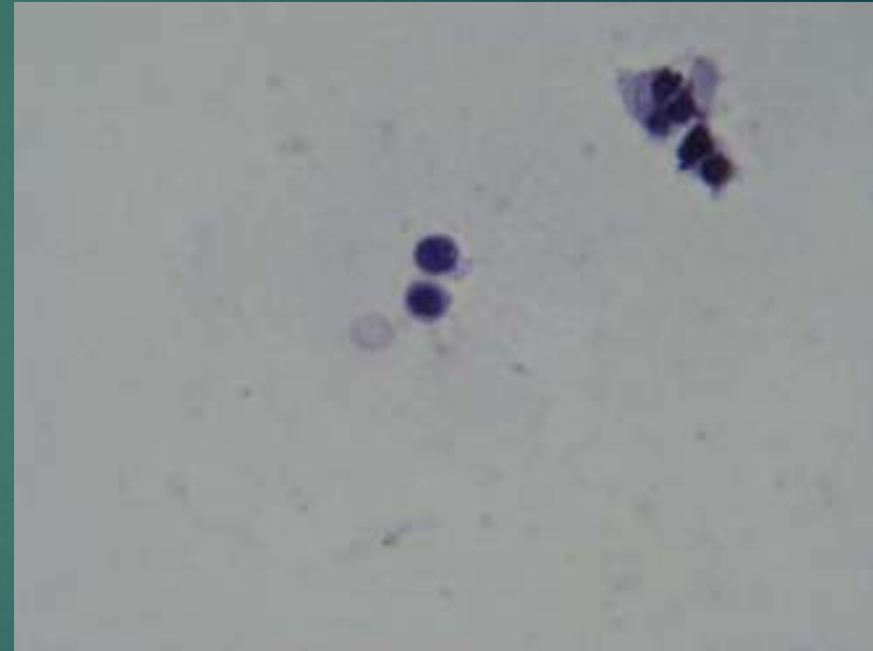
Unilateral Intraocular and Extraocular Lesions: Limit your DD

- ▶ 57 YOF
- ▶ DVA OS for 3 months
- ▶



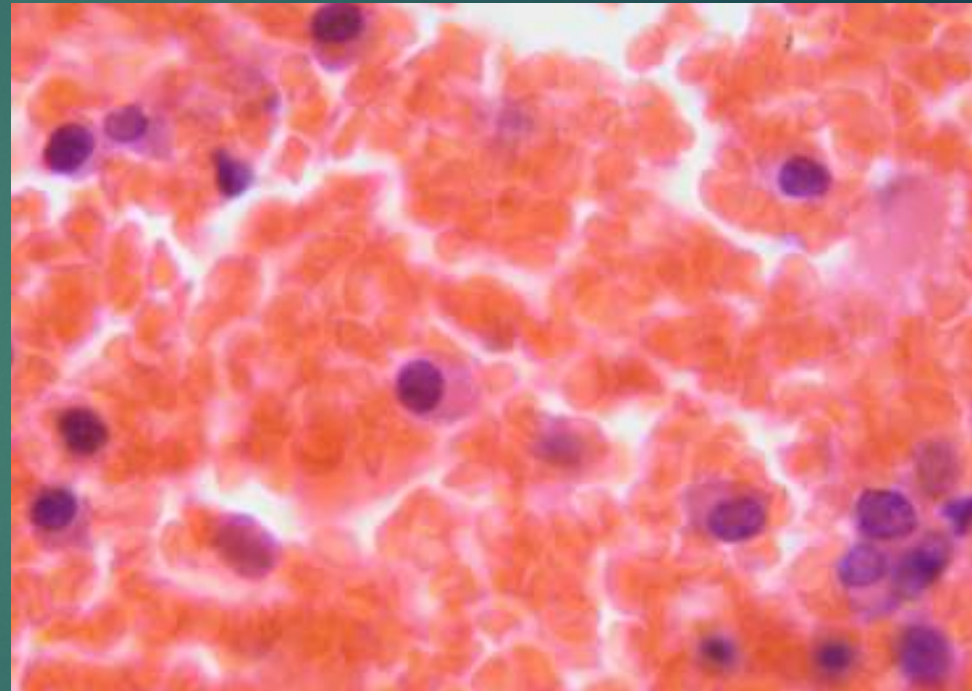


Lymphoma: 60 YOF



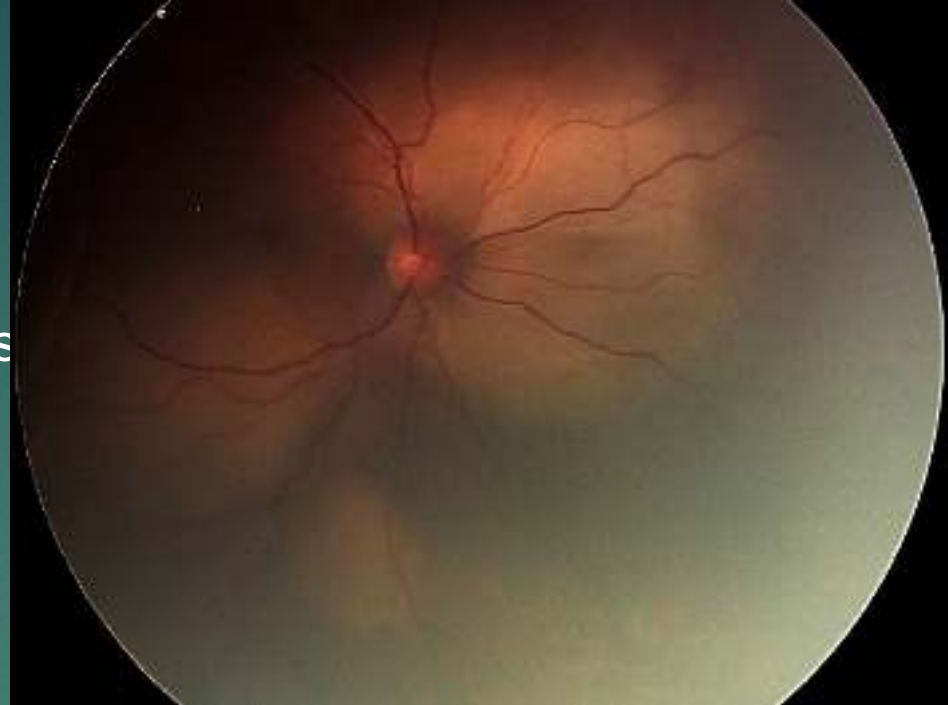
FNAB

- ▶ Plasmacytoma in a 65 YOF



Choroidal Metastases

- ▶ Commonest uveal malignancy (8-10% of pts with metastatic disease)
- ▶ **Uveal sites:**
 - ▶ Choroid: 88%
 - ▶ Iris: 9%
 - ▶ CB: 2%
- ▶ **Primary site:**
 - ▶ Breast 47%
 - ▶ Lung 21%
 - ▶ GI: 14%
- ▶ **Unknown primary: 34%**



47 year-old female with multiple breast metastases

Guidelines of FNAB

- ▶ Rarely indicated for diagnosis
- ▶ Effective when indicated and properly managed
- ▶ **Indications:**
 - ▶ Confirm uveal metastasis
 - ▶ Resolve uveal melanoma vs metastasis
 - ▶ Confirm uveal lymphoma
 - ▶ Confirm uveal granuloma
 - ▶ Confirm vitreoretinal lymphoma
- ▶ Limitations
- ▶ Uveal melanoma prognostication

Conclusion:

- ▶ Obscure Intraocular masses in adults pose a diagnostic dilemma
- ▶ Diagnostic tools include US, MRI, PET CT when indicated
- ▶ Different approaches for diagnosis and management
- ▶ Well equipped ophthalmic oncology centers
- ▶ Cooperation between ophthalmic oncologist, pathologist and general oncologist

