

23

OCT Angiography in Diagnosis and Management of nAMD : What does it add?

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Exudative Consequences of CNV



Hemorrhage and Exudation are the Sine Qua Non of CNV.

OCT Angiography "Dye-less" Angiography



"A new Black Horse"

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Treatment-naive Flow area : 1,562 sq mm

Quantitative & Qualitative

RAP Lesion

Type I CNV





No masking by Leakage





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Depth-resolved Images

Type 1 Sub-RPE











- Delayed response to Anti-VEGF.
- Less incidence of GA.
- Better long-term VA

- Better response to Anti-VEGF.
- Less number of injections
- Associated with reticular drusen
- Higher incidence of GA.
- Less long-term VA
- Better early response to Anti-VEGF.
- More incidence of GA.
- Less long-term VA

CVN Morphology by OCT Angio

Sensitivity for CNV detection : 50-85 % Less : PED , occult , inactive.





Globular , No main trunk or feeder

Tangled Pattern

Better VA at baseline. Greater visual improvement with Anti-VEGF

OCT & OCTA Blur the line between "Dry" and "Wet" AMD





68-years old man . PH : defective vision and central scotoma Recent metamorphopsia BCVA : 0.5.

EOS 2025 EGYPTIAN OPHTHALMOLOGICAL SOCIETY CNV area = 0.22 ± 0.01 mm²

Non-exudative MNV

Treatment- naïve type-1 NV in the absence of signs of exudation
 (No detectable macular fluid on structural OCT, No leakage on FFA).

• Synonymous : Non-exudative , Pre-clinical , Silent , Quiescent NV .





Shallow Irregular RPE Elevation (SIRE)

25% : quiescent , non-exudative type 1 MNV



Color

C/O Metamorphopsia 65-years-old man BCVA 0.5 Intermediate AMD !!

Prevalence : 11 - 27 % Cases of Early and Intermediate AMD.

FFA

SD – OCT Pachy choroidal vessel

Roiseman l et al Ophthalmology 2016 ; 123 : 1309-1319.

OCT Angio

To Treat or Not to treat ?!

- Non-exudative MNV : X14 2-year risk of exudation.
- Prophylactic Anti-VEGF : NO benefit in preventing exudation or vision loss.
- Grow in size but don't exuade.
- VAD , CC perfusion : if DECREASED !! ; risk of near-term exudation.
- Rationale : nutritionally deprived RPE : VEGF upregulation.



OCTA Biomarkers

Warrants Anti-VEGF to avoid IRF (poorer visual outcome)



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Asymptomatic , exudationfree growth



Vascular Anatomy of CNV

Peripheral vessels

• Tiny , anastemosis

 Immature vessels
 (NO pericytes surrounding endothelial cells).

 Responsive to Anti-VEGF



Trunk vessels

• Large

 Mature vessels

 (pericytes surrounding endothelial cells

• Resistant to Anti-VEGF

Pericytes are indicator of vessel maturation

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Post IV Injection Baseline Regression of Anastemosis EGYPTIAN OPHTHALMOLOGICAL SOCIETY



Extensive Arborization, Tiny capillaries , Halo Looping , Anastomoses **Inactive CNV** angioFLOW 3x3mm

Large linear vessels Dark spaces , No anastomoses Decreased density

Blooming Tree

Dead Tree





To inject or not to inject ??



Male 76 years old Anti-VEGF X5 BCVA 0.1







 <u>RPE pump</u> removes fluid as quickly as it leaks.
 <u>Tight outer BRB</u> prevents leakage from type 1 CNV from diffusing through the RPE layer.



NON-EXUDATIVE MNV

Multi-modal Imaging









Type - 1 NV



OCTA

ICGA

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25% : quiescent , non-exudative type 1 MNV

OCT



Loss of transparency

Crystalline deposits

RPE hyperplasia & migration

Right-angles venules

FAF

Blunted venules

Depletion of macular Pigment (Lutein & Zeaxanthin)



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Adult-onset Vitelliform Degeneration Foveo- macular Vitelliform Dystrophy



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Fourth – Sixth decades Asymptomatic or mild symptoms Drop of vision : secondary CNV Misdiagnosed as Wet AMD



Adult-onset Vitelliform Degeneration Foveo- macular Vitelliform Dystrophy

> Complicated by CNV: 12% in 6-years follow-up. Change course, management and prognosis. Diagnostic Challenge, both Vitelliform lesion and CNV are hyper-fluorescent. Early diagnosis, prompt treatment is mandatory

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65 years old male, recent drop of vision

Adult-onset Vitelliform Dystrophy Complicated by 2ry CNV

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